

"I have the funniest, but also serious-like advisors, whom I've become quite close to and can always talk to them about my problems. Not only did I meet amazing people, I also gained a lot of knowledge about private and public colleges, how to pay for college, write the best essays, and successful study skills for the ACT and MCA. I always have the best stories to tell to my family and friends whenever I get back from a Saturday Academy or the summer program." *Sulin Phat, Shakopee High School, BA in Communications from Augsburg College*



"Basically if it weren't for Upward Bound I would have never gotten my first job at Noodles and Company, gotten a 26 on the ACT, or made it through the school year. Just as important, Upward Bound gave me opportunities that I would have probably never had, from touring the amazing city of Chicago to hiking around Lake Superior with my friends."

Jiovani Medina, Richfield High School, Studying Film at Salt Lake Community College

Jennifer Saunders
Director
952-358-8137
Jennifer.saunders@normandale.edu

De'Andre Avaloz
Academic Advisor
952-358-9304
De'Andre.avaloz@normandale.edu

Kenny White
Academic Advisor
952-358-9346
Kenny.white@normandale.edu

Upward Bound
Normandale Community College
9700 France Ave S
Bloomington, MN 55431
FAX: 952-358-8101

www.normandale.edu/upwardbound

Mission Statement The Normandale Upward Bound program provides academic, cultural, and personal support in order to help low-income, potential first-generation college students succeed in high school, enroll in college, and graduate with a degree.

Vision Statement Normandale Upward Bound, in collaboration with our four partner high schools, strives to develop future leaders who are critical thinkers with a strong work ethic, an ability to persevere, and a commitment to inclusion and citizenship.



**Upward
Bound**

Helping make
college a reality!



TRIO

UPWARD BOUND

Normandale Upward Bound

Program

- UB is funded by a United States Department of Education Grant.
- UB is an academic enrichment program designed to help prepare students for college.



Partner Schools

- Richfield High School
- Shakopee High School
- Southwest High School
- Washburn High School

SENIORS



BRIDGE PROGRAM FOR SENIORS ▪ College 1000 course ▪ ACT prep ▪ Help with college applications ▪ College visits ▪ Financial aid application (FAFSA) assistance ▪ Scholarship search ▪ Essay-writing assistance ▪ Fee waiver letters

Services

TUTORING

- Twice weekly at partner schools
- Homework help
- College & career planning
- ACT test preparation

SATURDAY ACADEMIES

- One time per month
- Campus visits
- Career panels/visits
- Academic workshops
- Community service opportunities
- Leadership development activities
- Cultural & social activities: plays, museums, outdoor activities, bowling, skating, team-building, etc.



SUMMER ACADEMIC ENRICHMENT

- Six weeks on Normandale's campus
- Courses taught by licensed teachers in math, science, English, & a world language
- Opportunity to earn elective credits
- Weekly field trips
- End-of-year trip



Participants

- 69 students from partner high schools
- Students are recruited in grades 9-11 and participate through their senior year.
- Students come from families who are low-income as defined by the federal government and/or families in which neither parent has a 4-year degree.
- Students are motivated to do well in high school and go on to college.
- Students earn a monthly stipend for participating in all UB activities.



REACH YOUR GOALS!

- * Improve your GPA
- * Achieve proficiency on MCA's
- * Raise your ACT scores
- * Graduate from high school
- * Enroll in college
- * Earn a college degree

